

TASTE SAFE



sensory play ideas

EDIBLE MUD

1 1/2 cup flour
1/2 cup cocoa powder
1 cup water



PAINT POPS

water
food dye
muffin tin



*use tin foil to cover,
stick in lolly sticks,
and freeze*

OOBLECK

1 cup cornflour
1/2 cup water



AQUAFABA

*drain tinned chickpeas and collect
the juice, then whisk the juice until
it becomes thick and foamy*



PLAYDOUGH

1/2 cup yoghurt
1 cup
cornflour



CHIA SLIME

chia seeds
water



*soak for at least an hour
(overnight for best results)*

MOON SAND

4 cups plain flour
1/2 cup
vegetable oil

*heat treating
first to make
taste-safe!*



JELLY SLIME

packet jelly and
double the water

plain yoghurt
food dye

YOGHURT PAINT

CHALK PAINT

cornflour
food dye
water



*put a teaspoon of
cornflour & mix in a dash
of water and some food
dye to create the colours!*

ICE RESCUE

water-resistant toys
water
ice cubes



ICE-SKATING PAINTING

water-resistant toys
food dye
water

*fill a muffin tin with water
and food dye, place toys in
each section, then freeze*



MYSTERY WATER

water

*sprinkle in cornflour until
it becomes murky*



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